

Arty Farty Sunflowers with Vincent Van Godden 6 hour

art quilt project with Helen Godden A class to take you out of your boundaries and abandon strict rules - Experience freedom and fun with an art style quilt. We paint, we raw-edge, we stitch and we paint some more - all using a prepared sunflower* design, guidance, encouragement and a little inspiration from Vincent van Gogh.

Starter Kit Includes:

- Muslin -50cmX1m (Do the *water flick test* to see if the water beads on the surface of the calico rather than sink in immediately. Beading is good!!)
- Backing 50X70cm
- Cotton Batting 50X70cm
- Use of Helens Sundyes for painting

Student to supply:

- Sewing thread for machine quilting in black and cream – We recommend Isacord, Precensia or Wonderfil Konfetti
- A few hand dyed / batik scraps in variety of leafy greens...olive or leafy green or blue green tones, say 8” square – the store has plenty to choose.
- Approx. 12” square of Wonder under
- Fabric chalk and lead pencil
- Small sharp scissors for cutting applique
- A handful of medium safety pins for sandwiching your piece.
- **Sewing Machine in good working order** plus extension table if you have one. **Free motion foot** Not optional...you must bring this!
- 1 x pack, usually 500grams of Kosher or pickling Salt from the supermarket (this is enough for 2 so share with a friend)
- 2 x takeaway food containers, 1 for paint water, 1 for your salt
- 1 x plastic ice cube tray...white cheap...should be about \$2 at cheap store
- Paint brushes. Minimum of 1 x square end approximately 6 to 8mm wide, and 1 x round Synthetic is great such as Taklon. – My sewing room will have some to purchase

Please Note: Some free motion experience required

*There will be a choice of 3 patterns for students to select one: Sunflowers, Poppies, Iris

Bernina Free motion/darning feet:

#9, 24, BSR, 29C, 29, 44C, 73 or 74

Brother free motion feet:

SA129, SA187, SAQKIT, O Foot